

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Catholic Eucharist 10:15 Church Service with Recreation Staff AR 2:15 Sunday Social with Bob Finlay AR	<b>2</b> 2:15 Afternoon Movie 3:00 Room Visits 7:00 Poet Tree AR	<b>3</b> 10:00 Bingo 10:00 Drum Circle AR 1:30 Pump it up Recreation Team Meeting	<b>4</b> 10:00 Town Hall Meeting 11:00 Individual Visits 2:00 Health Club Swim 2:15 Bowling AR	<b>5</b> 10:00 Music Makers AR 11:00 Individual Visits 2:00 Manicures and Music 7:00 BINGO AR	<b>6</b> 10:15 Dollarama Shopping Trip O 1:30 Get Energized 2:15 World Day of Prayer Service AR 2:15 Walks and Talks	<b>7</b> 2:30 Drum Circle AR 3:30 Sing-Along
<b>Daylight Saving Time Begins 8</b> 10:00 Catholic Eucharist 10:15 Church Service with Chris 1:30 Movement Matters 2:15 Sunday Social with Double Take <small>Daylight Saving Time Begins</small>	<b>9</b> 10:15 History About Guinness Beer 11:00 Irish Gaelic 11:15 Irish Word Game 2:15 Irish Dancers Movie <small>Purim Begins</small>	<b>10</b> 10:00 Bingo 11:00 Johnny Cash Facts & Music 12:00 Movie Outing O 1:30 Pump it up 2:00 Johnny Cash Movie 2:15 Sing with June AR	<b>11</b> 10:00 Hope & Reflection 10:30 News & Trivia 11:00 Room Visits 1:30 Body Balance 2:00 Health Club Swim 2:15 Curling AR	<b>12</b> 10:00 Music Makers AR 11:00 Individual Visits 2:15 Nutrition Month Food Demo AR 7:00 BINGO AR	<b>13</b> 11:15 Guitar Concert at Western University O 1:30 Get Energized 3:00 iPad Visits	<b>14</b> 10:00 Dance Party Get Your Groove On 11:00 Individual Visits
<b>15</b> 10:00 Catholic Eucharist 10:15 Church Service with Steve Males AR 2:15 Sunday Social with Susie Q AR	<b>16</b> 2:15 Irish Trivia & Travelogue to Ireland 3:15 Room Visits 7:00 Inspire Video and Discussion AR	<b>St. Patrick's Day 17</b> 10:00 Drum Circle AR 10:00 Bingo 11:00 Visits 1:30 Pump it up 2:15 St. Patrick's Day Social with Blue Skies Band AR <small>St. Patrick's Day</small>	<b>18</b> 10:15 Walmart Shopping Trip O 1:30 Body Balance 1:45 Spring Adult Colouring 2:00 Health Club Swim	<b>First Day of Spring 19</b> 10:00 Music Makers AR 11:00 Individual Visits 1:45 Easter Egg Craft 3:15 RLC Game 7:00 BINGO AR <small>Spring Begins</small>	<b>20</b> 12:00 Pub Lunch O 1:30 Get Energized	<b>21</b> 11:15 Visits 3:00 Sing-Along
<b>22</b> 10:00 Catholic Eucharist 10:15 Church Service with Chris 2:15 Sunday Social with Jim Ashby AR	<b>23</b> 10:15 The Blarney Stone Story 10:30 Celtic Symbols 11:00 Walks and Talks 2:15 Games Afternoon 3:30 Room Visits	<b>24</b> 10:00 Bingo 11:00 Fun Facts 11:30 Visits 1:30 Pump it up 2:15 Afternoon Drive O	<b>25</b> 10:00 Perspectives 10:30 News & Trivia 1:30 Body Balance 2:00 Health Club Swim 2:15 Museum London Presentation: Local Women Artists AR	<b>26</b> 10:00 Music Makers AR 11:00 Individual Visits 7:00 BINGO AR	<b>27</b> 9:30 What's Cooking AR 10:30 Sugar Bush Maple Syrup Farm Outing O 1:30 Get Energized	<b>28</b> 11:00 Fun Facts 2:15 Birthday Party with Gary Munn AR
<b>29</b> 10:00 Catholic Eucharist 10:15 Church Service with Recreation Staff AR 2:15 Sunday Social with Jeremy Smith AR	<b>Geri Fashions Shopping Day 30</b> 10:00 am – 3:00 pm AR 7:00 Celebration of Life AR	<b>31</b> 10:00 Bingo 1:30 Pump it up 2:15 Resident Council & Food Advisory Meeting AR 2:30 Sensory Pet Visits				

AR=Activity Room O=Outing