

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Catholic Eucharist 10:15 Church Service with Recreation Staff <i>AR</i> 2:15 Sunday Social with Bob Finlay <i>AR</i>	2 2:15 Town Hall Meeting 2:30 Get to Know Me Game 3:00 Movement Matters 3:15 Room Visits 7:00 Poet Tree <i>AR</i>	3 10:00 Drum Circle <i>AR</i> Recreation Team Meeting 6:00 iPad Visits 6:30 Evening Walks 7:00 Musical Bingo	4 10:00 Hope & Reflection 2:00 Health Club Swim 2:15 Bowling <i>AR</i> 3:00 Body Balance	5 10:00 Music Makers <i>AR</i> 11:30 Sparkling Specs 11:00 Body Balance 2:15 Euchre 7:00 BINGO <i>AR</i>	6 10:15 What's Cooking? 10:15 Dollarama Shopping Trip <i>O</i> 2:15 World Day Of Prayer Service <i>AR</i> 3:15 Get Energized	7 2:15 Chair Yoga 2:30 Drum Circle <i>AR</i>
Daylight Saving Time Begins 8 10:00 Catholic Eucharist 10:15 Church Service with Chris 2:15 Sunday Social with Double Take <i>AR</i> <small>Daylight Saving Time Begins</small>	9 10:15 Ball Toss 10:30 This Day in History 10:45 Finish the Phrase 11:15 Lounge Visits 2:15 Planet Earth Video 3:00 Movement Matters <small>Purim Begins</small>	10 10:15 Sensory Visits 11:00 iPad Visits 12:00 Movie Outing <i>O</i> 2:15 Sing with June <i>AR</i> 3:15 Lounge Visits	11 10:15 Bingo 2:00 Health Club Swim 2:15 Curling <i>AR</i> 3:00 Body Balance	12 10:00 Music Makers <i>AR</i> 10:15 Manicures 11:30 Sparkling Specs 11:00 Body Balance 2:15 Nutrition Month Food Demo <i>AR</i> 7:00 BINGO <i>AR</i>	13 10:00 Perspectives 11:30 Concert Series Performance @ UWO <i>O</i> 3:15 Get Energized	14 2:15 Cards Afternoon 3:30 Weekend Chats
15 10:00 Catholic Eucharist 10:15 Church Service with Steve Males <i>AR</i> 2:15 Sunday Social with Susie Q <i>AR</i>	16 10:15 Clover Toss 10:30 Green Trivia 10:45 Irish Humor 2:15 Travelogue 3:00 Movement Matters 7:00 Inspire Video & Discuss <i>AR</i>	St. Patrick's Day 17 10:00 Drum Circle <i>AR</i> 2:15 St. Patrick's Day Social with Blue Skies Band 6:15 Reminiscing 7:00 Left Centre Right Dice Game <small>St. Patrick's Day</small>	18 10:15 Walmart Shopping Trip <i>O</i> 2:00 Inspire 2:00 Health Club Swim 3:00 Body Balance	First Day of Spring 19 10:00 Music Makers <i>AR</i> 11:30 Sparkling Specs 11:00 Body Balance 2:15 Afternoon Movie 7:00 BINGO <i>AR</i> <small>Spring Begins</small>	20 10:00 Morning Movie 12:00 Pub Lunch <i>O</i> 3:15 Get Energized	21 2:15 Movie Afternoon
22 10:00 Catholic Eucharist 10:15 Church Service with Chris 2:15 Sunday Social with Jim Ashby <i>AR</i>	23 10:15 Spring Craft 11:15 Lounge Visits 2:15 Bocce Ball 3:00 Movement Matters 3:15 Room Visits	24 10:00 Chair Yoga 11:00 iPad Visits 2:15 Afternoon Drive	25 10:15 Bingo 2:00 Health Club Swim 2:15 Museum London Presentation: Local Women Artists <i>AR</i> 3:00 Body Balance	26 10:00 Music Makers <i>AR</i> 10:15 Manicures 11:30 Sparkling Specs 11:00 Body Balance 2:15 Euchre 7:00 BINGO <i>AR</i>	27 10:30 Bible Study 11:00 Outing to Sugar Bush Maple Syrup Farm <i>O</i> 3:15 Get Energized	28 10:15 Coffee & Tea Time 10:30 A to Z Trivia 2:15 Birthday Party with Gary Munn <i>AR</i>
29 10:00 Catholic Eucharist 10:15 Church Service with Recreation Staff <i>AR</i> 2:15 Sunday Social with Jeremy Smith <i>AR</i>	Geri Fashions Shopping Day 30 10:00 am – 3:00 pm AR 10:15 Morning Walks 11:15 Computer Time 2:15 Left Centre Right 3:00 Movement Matters 7:00 Celebration of Life	31 2:15 Resident Council & Food Advisory Meeting <i>AR</i> 2:30 Springtime Jingo 3:15 Outdoor Strolls 6:45 Baking Prep 7:30 Taste Testing				

AR=Activity Room *O*=Outing